

Client Telehealth Pre-Telehealth Instructions

Telehealth is: Telehealth is as a digital health solution that connects client and therapist through real-time audio and video technology, and can be used as an alternative to traditional in-person therapy services, and in certain circumstances can be used to deliver such care as consultation, treatment, education, care management, and self-management of clients.

Why clients like telehealth:

1. Convenient: Care when you need it, from the comfort of your home. No travel costs or hassles.
2. Client experience: No waiting rooms, Less risk of spreading or contracting infectious disease.

Who will pay for telehealth

Medicare is currently covering therapy services during the COVID-19 Pandemic.

What do I need to do to prepare and what should I expect during the first session?

- You will receive an email to register for telehealth in our patient portal provided by our electronic medical record system called Helloware.
 - Follow the instructions in the email to sign up for the patient portal.
- Review and complete client intake forms prior to first session.
- Review Equipose Occupational Therapy, PLLC Privacy notice prior to session.
- Review consent to treatment form prior to session, as you will be asked to consent to receive telehealth therapy during first visit.
- Make sure you have a desktop or laptop computer, or a tablet or smartphone with a good quality camera and microphone.
- Internet speed of at least 384 kps. Wi-Fi is preferred.
- A private space with limited background noise and good lighting.
- Double check your camera for clarity.
- You will have to verify your name, contact information and location and show a government issued photo ID.
- Your encounter with your therapist will be as similar as possible to a typical in-person visit.

Source: National Consortium of Telehealth Resource Centers